

Learning Journey

PSHE



Year 7	Autumn	Spring	Summer
	1. Identity 2. Friendship 3. Empathy 4. Healthy lifestyles 5. Road safety 6. Firework safety	1. Safety online 2. Grooming 3. Unsafe friendships 4. Peer pressure 5. British Values 6. Voting 7. General Elections 8. Democracy 9. Making Laws	1. Misinformation 2. Puberty 3. Wellbeing 4. Transition 5. Caring for others 6. Risk and decision making 7. Addictions 8. Summer safe
Year 8	Autumn	Spring	Summer
	1. Belonging 2. Community 3. Stereotypes and prejudice 4. Protected Characteristics 5. Equality 6. Respectful disagreement 7. Independence/risk 8. Travel safety 9. Crime 10. Gangs and exploitation	1. Finance 2. Physical health 3. Sleep and wellbeing 4. Healthcare	FIRST GIVE PROJECT 1. Citizenship 2. Charity 3. Social action 4. Summer safe
Year 9	Autumn	Spring	Summer
	1. British Values 2. Extremism 3. Knife crime and violence prevention 4. Role models 5. Serious and organised crime 6. Travel safety	1. Mental health 2. Wellbeing 3. Digital resilience 4. Healthy coping 5. Change, loss and grief	1. Emergency situations 2. First aid 3. Careers 4. Success and ambition 5. Relationships 6. Consent 7. Online influence 8. Drugs and risk
Year 10	Autumn	Spring	Summer
	1. The Rule of Law 2. Extremism 3. Radicalisation 4. Online influence 5. Misogyny and harmful ideologies 6. Protests 7. Human Rights 8. World politics 9. Equality Act 2010	1. Bullying 2. Gangs and exploitation 3. AI, deepfakes and misinformation 4. Travel safety 5. British Values 6. Multicultural Britain 7. LGBTQ+ rights	1. Mental health 2. Accessing healthcare 3. Medical consent 4. Reproductive health 5. Substance use 6. Addiction 7. Personal safety 8. Cosmetic procedures and body image
Year 11	Autumn	Spring	Summer
	1. Time management 2. Revision 3. Exam stress and anxiety 4. Careers – CV and next steps 5. Online reputation 6. Digital footprint	1. Money / budgeting– pay slips, finance, tax, national insurance, pension etc. 2. Drugs and their impacts 3. Cosmetic and aesthetic procedures	EXAM PERIOD

CONCEPTS

CELEBRATING
DIVERSITY
& EQUALITY

RIGHTS,
RESPONSIBILITIES
& BRITISH VALUES

STAYING SAFE
ONLINE
& OFFLINE

LIFE
BEYOND
SCHOOL

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Year 7	Autumn	Spring	Summer
	7. Identity 8. Friendship 9. Empathy 10. Healthy lifestyles 11. Road safety 12. Firework safety	10. Safety online 11. Grooming 12. Unsafe friendships 13. Peer pressure 14. British Values 15. Voting 16. General Elections 17. Democracy 18. Making Laws	9. Misinformation 10. Puberty 11. Wellbeing 12. Transition 13. Caring for others 14. Risk and decision making 15. Addictions 16. Summer safe
Year 8	Autumn	Spring	Summer
	11. Belonging 12. Community 13. Stereotypes and prejudice 14. Protected Characteristics 15. Equality 16. Respectful disagreement 17. Independence/risk 18. Travel safety 19. Crime 20. Gangs and exploitation	5. Finance 6. Physical health 7. Sleep and wellbeing 8. Healthcare	- FIRST GIVE PROJECT 5. Citizenship 6. Charity 7. Social action 8. Summer safe
Year 9	Autumn	Spring	Summer
	7. British Values 8. Extremism 9. Knife crime and violence prevention 10. Role models 11. Serious and organised crime 12. Travel safety	6. Mental health 7. Wellbeing 8. Digital resilience 9. Healthy coping 10. Change, loss and grief	9. Emergency situations 10. First aid 11. Careers 12. Success and ambition 13. Relationships 14. Consent 15. Online influence 16. Drugs and risk
Year 10	Autumn	Spring	Summer
	10. The Rule of Law 11. Extremism 12. Radicalisation 13. Online influence 14. Misogyny and harmful ideologies 15. Protests 16. Human Rights 17. World politics 18. Equality Act 2010	8. Bullying 9. Gangs and exploitation 10. AI, deepfakes and misinformation 11. Travel safety 12. British Values 13. Multicultural Britain 14. LGBTQ+ rights	9. Mental health 10. Accessing healthcare 11. Medical consent 12. Reproductive health 13. Substance use 14. Addiction 15. Personal safety 16. Cosmetic procedures and body image
Year 11	Autumn	Spring	Summer
	7. Time management 8. Revision 9. Exam stress and anxiety 10. Careers – CV and next steps 11. Online reputation 12. Digital footprint	4. Money / budgeting– pay slips, finance, tax, national insurance, pension etc. 5. Drugs and their impacts 6. Cosmetic and aesthetic procedures	EXAM PERIOD

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