

The Holy Family

Catholic School

a voluntary academy



YEAR 11 Trial Examination Summer Term 2024

Student Name _____

Candidate Number _____

Subject Teacher _____

Form _____

Subject: Health and Social Care

Level: Level 1/2 BTEC Technical Award

Title of Paper: Component 3

Duration of Paper: 50 mins

Head of Subject/Lead:

Head of Faculty:

Answer ALL questions. Write your answers in the spaces provided.

Some questions must be answered with a cross in a box ☒. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.

1 Identify **one** cultural factor that can affect health and wellbeing.

- A Sensory impairment
- B Physical activity
- C Community participation
- D Financial resources

(Total for Question 1 = 1 mark)

2 State **two** positive effects that income can have on health and wellbeing.

1

2

(Total for Question 2 = 2 marks)

3 State **one** economic factor, **other** than income, that can affect health and wellbeing.

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(Total for Question 3 = 1 mark)

4 Identify **two** social factors that can affect health and wellbeing.

- A Inclusion
- B Substance misuse
- C Discrimination
- D Housing location
- E Physical activity

(Total for Question 4 = 2 marks)

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Hope is underweight. She smokes cigarettes and uses the drug cocaine. Hope is socially isolated and has low self-esteem.

Hope has visited her doctor who has expressed concern about her health and wellbeing.

16 (a) Complete **Table 1** by:

(i) stating **three** actions the doctor could suggest that will improve Hope's health and wellbeing (3)

(ii) giving **three** ways these actions could improve Hope's health and wellbeing. (3)

	Three actions	Ways the actions could improve Hope's health and wellbeing
1		
2		
3		

Table 1

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Hope receives a letter from the doctor.

- She has an appointment with a dietitian.
- She is invited to join a local support group for people who use drugs.
- She is allocated a drug and alcohol support worker.

(b) Explain **two** ways formal support could improve Hope's health and wellbeing. (4)

1

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2

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(Total for Question 16 = 10 marks)



Dustin lives in a small town. He has a moderate learning disability and a hearing impairment. Dustin lacks confidence because he has a speech impairment. Dustin is on benefits and has been given free membership of the leisure centre in the next town, to support his health and wellbeing.

17 (a) Explain **two** barriers that could prevent Dustin from improving his health and wellbeing.

(4)

1

2



Dustin lives in a supported living flat, but he does not trust his support worker. His family do not live nearby and he struggles with friendships. Dustin dislikes new people and new places.

Dustin's support worker wants him to go to the leisure centre three times per week on his own, to improve his health and wellbeing.

- (b) Explain **two** obstacles that could prevent Dustin from improving his health and wellbeing.

(4)

1

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2

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(Total for Question 17 = 8 marks)

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