

## Year 11 BTEC TECH AWARD IN SPORT Learning Intentions Autumn Term 2 2024 2025

	LESSON 1	LESSON 2	LESSON 3
WEEK 9 wc 4 <sup>th</sup> November (Trial Exam dependant)	<ul style="list-style-type: none"> <li>To identify the 6 physical components of fitness.</li> <li>To be able to identify the different components of fitness from key definitions.</li> <li>To be able to apply and analyse the physical components of fitness in relation to sporting examples.</li> </ul>	<ul style="list-style-type: none"> <li>To recap what the physical components of fitness are</li> <li>To answer exam based questions relating to the physical components of fitness</li> </ul>	<ul style="list-style-type: none"> <li>To be able to know the different physical components of fitness</li> <li>To be able to apply and analyse the physical components of fitness to sporting examples</li> <li>To answer a series of 4 mark questions relating to the physical components of fitness</li> </ul>
WEEK 10 wc 11 <sup>th</sup> November	<ul style="list-style-type: none"> <li>To identify the 5 skill related components of fitness.</li> <li>To be able to identify the different components of fitness from key definitions.</li> <li>To be able to apply and analyse the skill related components of fitness in relation to sporting examples.</li> </ul>	<ul style="list-style-type: none"> <li>To be able to know the different skill related components of fitness</li> <li>To be able to apply and analyse the skill related components of fitness to sporting examples</li> <li>To answer a series of 4 mark questions relating to the skill related components of fitness</li> </ul>	<ul style="list-style-type: none"> <li>To answer an exam style question on the skill related components of fitness</li> </ul>
WEEK 11 wc 18 <sup>th</sup> November	<ul style="list-style-type: none"> <li>To know and understand what skill, strategies and tactics are</li> <li>To know the importance of the use of different skills, strategies and tactics</li> </ul>	<ul style="list-style-type: none"> <li>To know and understand what skill, strategies and tactics are</li> <li>To know the importance of the use of different skills, strategies and tactics</li> </ul>	<ul style="list-style-type: none"> <li>To know what isolated and competitive practices are in sport.</li> <li>To know and understand the advantages and disadvantages of isolated and competitive practices in sport.</li> <li>To compare isolated practices with competitive practices.</li> </ul>
WEEK 12 wc 25 <sup>th</sup> November	<ul style="list-style-type: none"> <li>To know what isolated and competitive practices are in sport.</li> <li>To know and understand the advantages and disadvantages of isolated and competitive practices in sport.</li> </ul>	<ul style="list-style-type: none"> <li>To know and understand why officials are needed in sport</li> <li>To know the different types of officials and their roles in sport</li> </ul>	<ul style="list-style-type: none"> <li>To know and understand what the different responsibilities of officials are and how they can impact a sport.</li> </ul>

	<ul style="list-style-type: none"> <li>To compare isolated practices with competitive practices.</li> </ul>		
WEEK 13 wc 2nd December	<ul style="list-style-type: none"> <li>To know and understand the different rules and regulations required in sport.</li> <li>To analyse the impact of officials and their rules and regulations.</li> </ul>	<ul style="list-style-type: none"> <li>To know and understand the importance of planning drills to improve sporting technique</li> <li>To apply specific sporting drills to improve technique</li> </ul>	<ul style="list-style-type: none"> <li>To know and understand the importance of demonstrations and teaching points</li> <li>To be able to explain why both are important</li> <li>To know the benefits of using teaching points when teaching a skill</li> </ul>
WEEK 14 wc 9 <sup>th</sup> December	<ul style="list-style-type: none"> <li>To know and understand the importance of space, equipment, timing and organisation of participants when planning a drill.</li> </ul>	<ul style="list-style-type: none"> <li>To know the importance of providing feedback and support during training sessions.</li> <li>To know the importance of the roles that coaches provide when carrying out training sessions</li> </ul>	<ul style="list-style-type: none"> <li>Internal HF assessment on key topics</li> </ul>
WEEK 15 wc 16 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Internal HF assessment on key topics</li> </ul>	<ul style="list-style-type: none"> <li>Feedback and Green pen corrections following internal HF assessments</li> </ul>	<ul style="list-style-type: none"> <li>Feedback and Green pen corrections following internal HF assessments</li> </ul>