

GCSE PE Learning Intentions Spring Term 1

2024-2025

	LESSON 1	LESSON 2	LESSON 3 – change and check all practical
WEEK 16 wc 6 th January	<ul style="list-style-type: none"> Exam questions on topic 1 (Whole class) 	<ul style="list-style-type: none"> Exam questions on topic 1 (Whole class) 	<ul style="list-style-type: none"> To recap all previous skills and techniques learnt in badminton. To be able to demonstrate and apply all the relevant skills and techniques needed in a conditioned and competitive practice in badminton (Filming for moderation).
WEEK 17 wc 13 th January	<ul style="list-style-type: none"> To know and understand the structure of a lever system (load, fulcrum, effort). Identify first, second and third class levers in the human body. 	<ul style="list-style-type: none"> To recap all previous skills and techniques learnt in badminton. To be able to demonstrate and apply all the relevant skills and techniques needed in a conditioned and competitive practice in badminton (Filming for moderation). 	
WEEK 18 wc 20 th January	<ul style="list-style-type: none"> To apply the knowledge of lever systems to sporting activities. To analyse how different levers are advantageous in sport. 	<ul style="list-style-type: none"> Apply the concept of mechanical advantage to real-life sports scenarios. 	<ul style="list-style-type: none"> To recap all previous skills and techniques learnt in badminton. To be able to demonstrate and apply all the relevant skills and techniques needed in a conditioned and competitive practice in badminton (Filming for moderation).
WEEK 19 wc 27 th January	<ul style="list-style-type: none"> Define planes (sagittal, frontal, transverse) and axes (longitudinal, transverse, frontal). Link planes and axes to sports movements. 	<ul style="list-style-type: none"> To recap all previous skills and techniques learnt in badminton. To be able to demonstrate and apply all the relevant skills and techniques needed in a conditioned and competitive practice in badminton (Filming for moderation). 	
WEEK 20 wc 3 rd February	<ul style="list-style-type: none"> Review and Consolidate knowledge of lever systems, mechanical advantage, and planes/axes. 	<ul style="list-style-type: none"> Exam questions on key topics learnt. Review and test understanding and application of movement analysis concepts. 	<ul style="list-style-type: none"> To recap all previous skills and techniques learnt in badminton. To be able to demonstrate and apply all the relevant skills and techniques needed in a conditioned and competitive practice in badminton (Filming for moderation).
WEEK 21 wc 10 th February	<ul style="list-style-type: none"> End of term green pen feedback on mock assessment 	<ul style="list-style-type: none"> To recap all previous skills and techniques learnt in badminton. To be able to demonstrate and apply all the relevant skills and techniques needed in a conditioned and competitive practice in badminton (Filming for moderation). 	