

# PSHE Year 9

## Learning Intentions Spring Term 1 2024-2025

Our half term 3 unit: Keeping Safe – First Aid and CPR

Our half term 3 theme: Life Beyond School

What should students know / understand by the end of each lesson?

	LESSON 1
WEEK 16 wc 6 <sup>th</sup> January	<ul style="list-style-type: none"><li>• What to do in an emergency.</li><li>• To understand how to behave and what to do in difficult situations.</li><li>• To know basic first aid by identifying key body problems.</li><li>• To know and understand the different signs and symptoms of problems.</li></ul>
WEEK 17 wc 13 <sup>th</sup> January	<ul style="list-style-type: none"><li>• Making a 999 call.</li><li>• To know when to make a 999 call.</li><li>• To understand the impact the call has both positively and negatively.</li><li>• To understand the importance of clear communication.</li></ul>
WEEK 18 wc 20 <sup>th</sup> January	<ul style="list-style-type: none"><li>• CPR</li><li>• To know how to assess a situation and identify when CPR is needed.</li><li>• To be able to practise CPR. (TBC)</li></ul>
WEEK 19 wc 27 <sup>th</sup> January	<ul style="list-style-type: none"><li>• The recovery position.</li><li>• To know when to use the recovery position.</li><li>• To understand the importance of the recovery position.</li><li>• To be able to put someone in the recovery position.</li></ul>
WEEK 20 wc 3 <sup>rd</sup> February	<ul style="list-style-type: none"><li>• Defibrillators.</li><li>• To know and understand how defibrillators work and why they are important.</li><li>• To learn how to use a defib.</li></ul>
WEEK 21 wc 10 <sup>th</sup> February	<ul style="list-style-type: none"><li>• Review first aid.</li><li>• Quiz and case studies – what would you do?</li><li>• To know, understand and be able to explain what you would do and why.</li></ul>