

GCSE Psychology (Year 10)

Learning Intentions Spring Term 1

2024- 2025

	LESSON 1	LESSON 2	LESSON 3
WEEK 16 wc 6 th January	Genetic explanations of depression Introduce the nature nurture debate within the context of depression and how they interact (stress diathesis model). Introduce basic concepts such as genes (5HTT) and neurotransmitters (serotonin).	Consider evidence (e.g. twin studies and concordance rates, adoption studies) that support the idea depression is inherited through genes.	Key Study: Caspi (2003) – Students to be able to outline the research by Caspi and outline the alleles associated with depression on the 5HTT gene.
WEEK 17 wc 13 th January	Key Study: Caspi (2003) – students will be able to evaluate the research by Caspi including the potential applications of the findings.	Introduction to anti-depressants. Students to cover the structure of a neuron and synaptic transmission, including the role of neurotransmitters and summation.	
WEEK 18 Wc 20 th January	Understand how antidepressants work to treat depression.	Evaluate use of drugs to treat depression	Outline cognitive explanation of depression. Students can explain the cognitive method of treating depression developed by Ellis (ABC model).
WEEK 19 wc 27 th January	Evaluate cognitive explanations of depression.	Students to be introduced to mental health issue of addiction (description of symptoms for substance and psychological addiction), including the diagnosis using the International Classification of Diseases (ICD).	
WEEK 20 Wc 3 rd February	Genetic explanations of addiction – Students to be able to explain the role of the DDR2 gene and how concordance rates are used to identify genetic influence of behaviour and characteristics.	Drugs as treatment for addiction and evaluation.	Students to be able to explain the environmental and behavioural influences of addiction, including Social Learning Theory and operant conditioning. Evaluation of learning theory of addiction
WEEK 21 Wc 10 th February	Students to explain how Cognitive Behavioural Therapy is used to treat addiction (functional analysis and skill acquisition).	Key Study: Young (2007) – Students to be able to outline the research by Young in relation to the treatment of internet addiction including the conclusion.	