

## GCSE Psychology (Year 11)

### Learning Intentions Spring Term 1

2024- 2025

	LESSON 1	LESSON 2	LESSON 3
WEEK 16 wc 6 <sup>th</sup> January	To understand the purpose of punishment and links to recidivism rates (prison, anger management and restorative justice).	To evaluate the effectiveness of punishment techniques, including the ethics of each approach.	To revise the nature/nurture debate in the context of criminal behaviour (comparison of Eysencks and Bandura).
WEEK 17 wc 13 <sup>th</sup> January	Understand the concepts of the self and self-concept, including: Lewis (1990) a. existential self b. categorical self.	Understand the concepts of the self and self-concept, including: Rogers (1959) c. self-image d. self-esteem e. ideal self f. self-actualisation g. congruence h. incongruence	
WEEK 18 Wc 20 <sup>th</sup> January	Contrasting the concepts of the self and self-concept: Lewis contrast to Rogers.	Understand the Humanistic Theory of Self, including strengths and weaknesses of each theory: a. humanistic explanations of the development of self-esteem b. humanistic explanations of the development of personality.	Understand Humanistic Psychology: Rogers (1951) c. conditional positive regard d. unconditional positive regard e. conditions of worth f. congruence g. incongruence h.
WEEK 19 wc 27 <sup>th</sup> January	Understand Humanistic Psychology: Maslow's hierarchy of needs.	Understand the role of identity and free will in the development of self, including strengths and weaknesses of each theory: Erikson (1959) the eight stages of identity development.	
WEEK 20 Wc 3 <sup>rd</sup> February	Understand the role of identity and free will in the development of self, including strengths and weaknesses of each theory: Baumeister (2008) the consequence of belief in free will.	Understand the role of internal and external influences on the self and self-esteem, including: a. temperament b. experience	Understand how personality can be measured, including: a. personality scales b. personality types
WEEK 21 Wc 10 <sup>th</sup> February	Understand the use of trait theory as a measure of personality, including strengths and weaknesses of trait theory: a. Allport (1936) cardinal, central and secondary personality traits.	Understand the use of trait theory as a measure of personality, including strengths and weaknesses of trait theory: b. Cattell (1946) 16PF personality factor assessment	