

## Core P.E. Year 8 Learning Intentions Spring Half Term 2      2024-2025

Year 8	8CR 1 & 4	8CR 2 & 3	8CR 6 & 5
	Badminton	Hockey	Dance
WEEK 22 wc 24 <sup>th</sup> February	Badminton <ul style="list-style-type: none"> <li>• Recall how to set up a badminton court.</li> <li>• To demonstrate the basic grip and handle skill.</li> <li>• To be able to keep a rally using the correct serve, net shot and overhead clear.</li> </ul>	Recap Lesson: Looking at basic dribbling Stick skill/management Vision and looking up Basic passing	Students will watch the Waka Waka Just dance Video on you tube. Teacher led discussion on the video and the links to the world cup. Ask students what they see e.g. team work, celebration, links to South Africa pride etc  Students follow the video until they start to feel comfortable with the dance.
	Badminton <ul style="list-style-type: none"> <li>• To take on the role of umpire and demonstrate knowledge of basic singles and doubles rules and the badminton scoring system.</li> <li>• Ladders tournament</li> </ul>	Jab Tackle: Jab first Talk about shadowing 3v1 games with just jab tackle & shadowing	Counting in 8s  Students watch the video again trying to count the beats in 8 focus upon the movements.  Students practice the dance all counting aloud in beats of 8 as they perform. Repeat until all following.
WEEK 23 wc 3 <sup>rd</sup> March	Badminton <ul style="list-style-type: none"> <li>• To explain the teaching points for the backhand serve in badminton.</li> </ul> To be able to perform the backhand serve aiming for different areas of the court, in both isolation and in competitive games.	Block tackle: Drills & bully off practice 3v1 games just block tackles Avoidance of swiping	New introduction.  Students move into groups of 4 ideally. They create a new introduction to the dance.  All students perform their new intro and then all join in the dance together.
	Badminton <ul style="list-style-type: none"> <li>• To explain the teaching points for the forehand serve in badminton.</li> </ul> To be able to perform the forehand serve aiming for different areas of the court, in both isolation and in competitive games.	Game play using tackling. Focus upon decision making & tackling is it best to Jab/shadow/block	Development of own version.  Warm up students all perform their new intro and dance. They focus upon their favourite moves and start to create their own version of the dance.

			Given dance composition cards to help them think about direction, space, dynamics etc
WEEK 24 wc 10 <sup>th</sup> March	Badminton <ul style="list-style-type: none"> <li>To demonstrate the teaching points for the overhead clear.</li> <li>To be able to perform the overhead clear, gaining distance and sending the shuttle to the back of the court in isolation and a game.</li> </ul>	How to deal with Tackling; Offloading the ball/puck Protecting the ball/puck Passing backwards and support. Indian Dribble/dragging the ball puck across the body	Students practice their dance.  Peer observations and feedback 2 stars and a wish  Try to respond to feedback.
	Badminton <ul style="list-style-type: none"> <li>To demonstrate the teaching points for the net shot/net play.</li> <li>To be able to perform the net shot in practice and in a game displaying control and accuracy consistently.</li> </ul>	Assessment Lesson Will get to playing mini tournaments being able to freely compete in games with different students.	Assessment lesson:  Students perform their dance to the class.
	Hockey	Dance	Basketball
WEEK 25 wc 17 <sup>th</sup> March	Recap Lesson: Looking at basic dribbling Stick skill/management Vision and looking up Basic passing	Students will watch the Waka Waka Just dance Video on you tube. Teacher lead discussion on the video and the links to the world cup. Ask students what they see e.g. team work, celebration, links to South Africa pride etc  Students follow the video until they start to feel comfortable with the dance.	To be able to perform passing and receiving techniques and use to outwit opposition. To be able to perform these in a small sided game with success. To use dribbling technique correctly and understand what constitutes a double dribble and traveling
	Jab Tackle: Jab first Talk about shadowing 3v1 games with just jab tackle & shadowing	Counting in 8s  Students watch the video again trying to count the beats in 8 focus upon the movements.  Students practice the dance all counting aloud in beats of 8 as they perform. Repeat until all following.	To develop an understanding about attacking principles related to basketball. To perform and accurately replicate a range of dribbling skills to outwit opponents. To understand the need of tactical movements and strategies to invade opponents half.
WEEK 26 wc 24 <sup>th</sup> March	Block tackle: Drills & bully off practice 3v1 games just block tackles Avoidance of swiping	New introduction.  Students move into groups of 4 ideally. They create a new introduction to the dance.	To understand and know the benefits of types of shots. To develop their understanding and knowledge of how to execute a successful set shot.

		All students perform their new intro and then all join in the dance together.	To be able to outwit opponents using learnt skills and techniques.
	Game play using tackling. Focus upon decision making & tackling is it best to Jab/shadow/block	Development of own version.  Warm up students all perform their new intro and dance. They focus upon their favourite moves and start to create their own version of the dance.  Given dance composition cards to help them think about direction, space, dynamics etc	To perform the jump shot appreciating the outcome necessary. To develop their understanding and knowledge of how to outwit an opponent using accurate replication of shooting techniques. To understand and appreciate the need to make decisions about choice of technique and refining ideas when unsuccessful.
WEEK 27 wc 31 <sup>st</sup> March	How to deal with Tackling; Offloading the ball/puck Protecting the ball/puck Passing backwards and support. Indian Dribble/dragging the ball puck across the body	Students practice their dance.  Peer observations and feedback 2 stars and a wish  Try to respond to feedback.	Rule Play The pupils are to develop their knowledge and understanding of the rules in basketball. To demonstrate a developing understanding of basketball.
	Assessment Lesson Will get to playing mini tournaments being able to freely compete in games with different students.	Assessment lesson:  Students perform their dance to the class.	Assessment Lesson: Tournament lesson demonstrating the game play and skills learnt.