

## PSHE Year 9

### Learning Intentions Spring Term 2 2024-2025

Our half term 4 unit (learning): **Consent, Positive Relationships and Successful Communities**

Our half term 4 theme (concepts): Rights, Responsibilities and British Values

What should students know / understand by the end of each lesson?

Week	LIs
WEEK 22 wc 24 <sup>th</sup> February	<b>Lesson 1: Positive and Respectful Relationships</b> <ul style="list-style-type: none"><li>• I can identify the key qualities of a positive and respectful relationship.</li><li>• I can explore the role of communication, trust, and boundaries in maintaining healthy relationships.</li><li>• I can reflect on how my values and faith influence the way I treat others in relationships.</li></ul>
WEEK 23 wc 3 <sup>rd</sup> March	Reflection and PAZ
WEEK 24 wc 10 <sup>th</sup> March	<b>Lesson 2: Understanding Consent</b> <ul style="list-style-type: none"><li>• I can define consent and explain why it is essential in all relationships.</li><li>• I can understand that consent must be freely given and can be withdrawn at any time.</li><li>• I can explore how to communicate boundaries and respect others' choices.</li></ul>
WEEK 25 wc 17 <sup>th</sup> March	<b>Lesson 3: Rights and Responsibilities in Relationships</b> <ul style="list-style-type: none"><li>• I can understand my rights and responsibilities in different types of relationships.</li><li>• I can recognise when a relationship is becoming unhealthy and know where to seek support.</li><li>• I can explore how mutual respect and commitment contribute to long-term positive relationships.</li></ul>
WEEK 26 wc 24 <sup>th</sup> March	<b>Lesson 4: Managing Relationship Challenges and Conflict</b> <ul style="list-style-type: none"><li>• I can identify common causes of relationship breakdowns and how they can be addressed.</li><li>• I can explore strategies for resolving conflicts in a way that is respectful and fair.</li><li>• I can understand the importance of reconciliation and forgiveness in relationships.</li></ul>
WEEK 27 wc 31 <sup>st</sup> March	<b>Lesson 5: Building a Successful Community</b> <ul style="list-style-type: none"><li>• I can explain how positive relationships contribute to a strong and supportive community.</li><li>• I can explore my role in promoting kindness, respect, and inclusivity in my community.</li><li>• I can understand how my actions and choices impact others and the wider community.</li></ul>